

Routes into Research and Sources of Funding for Getting Started

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Where are you now? (from [figure 2b](#), Westwood & Richardson, 2014; in AUKUH)

Clinical capabilities:	Y/N	Notes
Do you actively consolidate/ develop your own clinical practice?		
Are you beginning to develop specialist skills/ expertise?		
Are you an agent for change, e.g. are you involved in local practice audit, training others?		
Do you implement evidence, e.g. through service developments, evaluations?		
Do you challenge practice?		
Clinical and research responsibilities	Y/N	Notes
Do you assess, plan, implement & evaluate care?		
Do you support research in own clinical area?		
Do you contribute to research groups & networks?		
Do you undertake undergraduate teaching?		
Do you implement research into practice?		

Research capabilities	Y/N	Notes
Do you take a lead in research activity, e.g. data collection?		
Have you identified/ developed local clinical networks?		
Are you developing research knowledge & skills, e.g. via journal clubs?		
Are you supporting learning & teaching in your area of interest?		
Are you using practice experience to identify research issues?		
Do you critically appraise guidelines/evidence to develop practice?		
Are you keen to develop systematic reviewing skills to address issues?		